

PHYSICAL EDUCATION MAKE UP FORM

Your child is being given the opportunity, and is being encouraged to make up his/her absences from Physical Education class. Each day you child misses class, he/she receives a **0**, which is equivalent to an **F**. if your son/daughter chooses to make up their absence, they can change that **0** to an **8**.

In order to make up a PE absence, the student must do the following:

1. Meet with Physical Education teacher and tell of their desire to make up the days missed and pick up this form.
2. Participate in a physical activity for 30 continuous minutes for each day being made up. Aerobic activities such as, swimming, jogging, bicycling, roller blading, etc., are best, but others will be accepted.
3. Complete the activity and bring back this form or a note signed by a parent or guardian on or before the due date. This note should state the student's name, the date(s) the student is making up, activity the student is involved in, the date(s) of the activity, and the length of time in the activity.
4. **All absences must be made up within one week of the child's return to school.** If not made up within this time period, the 0 grade will remain.
5. if a student is going to prearranged absence from school, he/she should talk with the PE teacher **before** leaving to discuss the possibility of doing make up work before or during the absence.
6. Discuss with the parents before the activity.

Student's name (print): _____

P.E. Period _____

Roll call teacher's name _____

Dates of Absences _____

Time being made up (30 min. per day absent) _____

Activities involved in _____

Due date (one week from return to school after absence) _____

Parent signature _____