

PHYSICAL EDUCATION MAKE UP FORM

Your child is being given the opportunity, and is encouraged to make up his/her absences from Physical Education class. Each day your child misses class he/she receives a **0**, which is equivalent to an **F**. If your son/daughter chooses to make up their absence they can raise their grade from a **0** to an **10**.

In order to make up a PE absence the **student** must do the following:

1. Meet with their assigned PE teacher and tell of their desire to make up the days missed and pick up this form.
2. Participate in a physical activity for 30 continuous minutes for each day being made up. Aerobic activities such as swimming, jogging, bicycling, roller blading, etc. are best, but others will be accepted with prior approval of teacher.
3. Complete the activity and bring back this form or a note signed by a parent/guardian on or before the due date. The note should state the student's name, teacher's name, period child attends PE, the date(s) the student is making up, the activity the student was involved in, the date(s) of the activity, and the length of time in the activity.
4. **All absences must be made up within one week of the child's return to school.** If not made up within this time period, the grade will remain a 0.
5. If a student is going to have prearranged absence from school, he/she should talk with the PE teacher **before** leaving to discuss the possibility of doing make up work during the absence.
6. Discuss with parents before completing activity.

Student's name (print) _____

PE Period _____

Teacher's name _____

Date(s) of Absence _____

Time being made up _____

Activities involved in _____

Due date _____

Parent Signature _____