

Southwood Panthers



"A 2008 and 2009 "School of Distinction"



Published on the first Tuesday of each month
Southwood Elementary
3240 McDougall Ave.
Enumclaw, WA. 98022

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Inside

* Online Food Service Payments	Pg. 2
* Safe Walking..Safe Riding	Pg. 2
* Math Fact Practice	Pg. 2
* 5k For Down Syndrome	Pg. 2
* Counselor's Corner	Pg. 3
* Clothing Bank	Pg. 3
* Medication Policy	Pg. 4
* Climate Survey	Pg. 4
* Student Check Out Procedures	Pg. 4
* Lost and Found	Pg. 4
* PTA Fundraiser	Pg. 4
* Calendar	Pg. 5

Future File

- Oct. 9th -No School Teacher LID Day
- Oct. 22 - Picture Day

This newsletter and much more information can be viewed at our web page at www.enumclaw.wednet.edu. Go to "Schools" and click on "Southwood."

Health

Recently, the school district sent a letter to all families regarding recommendations for fending off the flu this season. Here are some things we are working on at Southwood that will minimize the spread of germs. If these things can be reinforced at home, more students will become conscious of healthy practices. 1) Teach the "Villain Sneeze!" Crook your elbow over your mouth and nose if you don't have a kleenex handy rather than sneezing into your hand. 2) After blowing your nose or sneezing into a kleenex, toss the kleenex and wash your hands. 3) Wash your hands often; 20 seconds is the recommended amount of time. It's a long time!! 4) Use hand sanitizer if you can't wash.

Practicing these tips will make them habits for life!

Individual Pictures

Individual pictures will be taken on Thursday, October 22 by Buteaus's Photography. Each student will be bringing a picture form home this week. If you do not receive a form, please check with the office.

Online Food Service Payments Now Available!

Enumclaw School District has made adding money to your student's food service account easy and convenient! We now contract with RevTrak to provide a secure site for making online payments.

Parents are able to add money to student food service accounts, view account balances and see transaction history online! All you will need to do is login to Family Access and select "Food Service" under "General Information". You now have the option to select "Make Online Payment".

Online payments will immediately be posted to your student's food service account. To make your first payment click on the Family Access link on our website. Parents will be charged a \$1.00 fee for the convenience of making an online payment.

If you need to sign up for Family Access, please visit

<http://www.enumclaw.wednet.edu/families/familyaccess/default.aspx> and fill out an online application. If you already have an account, you can sign in here: <http://family.enumclaw.wa-k12.net>

If you have any questions, please contact Jamie at 360.802.7121 or Bonnie at 360.802.7120.

Fall is Here

Safe Walking, Safe Riding

The beginning of the school year means that kids will be present on or near streets and near traveling vehicles in larger numbers. Please help keep our children safe by talking to the about safe behaviors on and beside roadways. Some of these include:

- Walk facing traffic
- Wear reflective clothing especially at dusk
- Stay alert to traffic; keep looking around
- Don't assume drivers can see you or even that they are paying attention; make sure cars are stopped before you cross a street
- When riding, stop at all streets and alleyways
- Wear a helmet
- Use crosswalks and light to cross the street. Don't dart across the middle (Amazing how many adults do this with children in tow!)
- Stash the ear buds. They prevent you from hearing approaching traffic and other dangers.

Math Fact Practice

To help your student achieve fact fluency, here are some websites for extra practice. Enjoy!!

<http://www.factmonster.com/>

<http://mathfactcafe.com/>

<http://www.freerice.com/index.php>

<http://www.eduplace.com/kids/math.jsp>

This one has extra math challenges that tie to our curriculum, by grade level. Click on the "educator" tab to get the "teaching tools" and "challenge masters." It is not password protected.

5k For Down Syndrome

Event Overview

Date: Saturday, October 10, 2009

Race begins at 3:00 p.m.

Registration/Check-in at 2 pm

Where: The Summit

920 Roosevelt St, Enumclaw, WA

Questions:

Call Eric Smart, Race director at (306) 825-2080 or (253) 951-5292 for questions or comments

For more information visit us on the web:

www.firewallcapital.com

Money raised has gone to support the Enumclaw School District's Special Needs programs.

Counselor's Corner - October 2009

A school counselor's job is to be an advocate for the child. That advocacy can look different for each child. It may mean coordinating a meeting to look at the best intervention to help your child. It could also mean being a listener, and encourager. Please let me know if I can be of help to you and your child.

Lunchtime Groups will be starting soon. Monday's group will focus on **Family Changes**. Wednesday's group is for children who would like to strengthen their **Friendship Skills**. This year the groups will run for 6 sessions only and will be limited to 4 children per group. If you would like for your child to participate, please send me a note. The note can be via email or handwritten, or you may call. Please indicate the name of your child, the classroom teacher's name and your name. Also tell me which group would best meet the needs of your child. I will contact you and your child when the group will begin.

I am planning to meet with each classroom twice a month this year. The primary grades have had lessons reminding students what to do if there is a person touching you in ways that make you uncomfortable. The older children are learning strategies to use when you have a problem with someone.

Perhaps your family has been hit hard with the Recession and you are looking for some resources. Here are a couple of places to look:

- ◆ The State's Health Insurance for Children , [Apple Health For Kids](#), has a web-site where you can check quickly to see if you might qualify for insurance. There are a couple of options based on your earnings. The web-site is: www.AppleHealthForKids.wa.gov/ or you can call at 1-877-543-7669.
- ◆ Also, if you need ideas of agencies who serve families in the Enumclaw/Black Diamond area, please call me or go to the SWIFT web-site on our Southwood Home page and then look for Southwood counselor. These agencies are also listed on a page that can be picked up in the office.

I work in 2 schools this year. Mondays, Wednesdays, and every other Friday I am at Southwood. The other days you can find me at Enumclaw High School.

Denise Kellogg

Denise_kellogg@enumclaw.wednet.edu or call at 360-802-7375.

Clothing Bank

The Enumclaw District clothing bank is located at JJ Smith school. We offer clothes, coats, shoes and "new" socks and underwear to children in the district who may be in need of a little extra help. Each person may visit the bank 4 times per school year. There are limits to what each child gets each time they come in and everything is FREE.

We have a small adult and baby section but our focus is to help school age children have clean, usable clothing to boost self-confidence and productivity in school.

We are open every **Tuesday from 10 a.m.-1 2 p.m. and 4:30-6 pm.**

Closed on all school closures and holidays. You may drop off gently used clothing items during hours of operation.

We will not be providing a drop box any more.

Please donate nice, appropriate items. We except clothes, shoes, backpacks, purses, movies, books, stuffed animals and blankets. Please NO furniture, TV's, computers, toys or household items.

We are in need of volunteers. If anyone is interested in volunteering please contact me. Sheila Smith 360/825-5696.

Medication Policy

Prescribed or over-the counter oral medication may be dispensed to students on a scheduled basis upon written authorization from a parent and written authorization by a licensed health care professional. This includes cough drops or sore throat lozenges. If you have any questions, please contact our nurse Sherry Cole at 802-7383.

Student Checkout Procedures

In order to keep student safe, we have a student checkout system that all staff are expected to follow. If you need to take your child (or if you are sending someone else to do so), please plan for the following.

1. Anyone who takes a child from school must be listed on the student's emergency form.
2. All students must be checked out through the office. Teachers are instructed not to release students at the classroom door. This ensures that (1 the office knows that the student is leaving, and leaving with an approved person, and (2 the person in charge of the classroom (who may be a guest teacher or specialist) is not put in the position of having to make a decision about release.

Please remember to send a note if your child has an appointment and will be leaving early. Students are then given a reminder note to put on their desk so that they can leave quietly at the appointed time and meet you in the office. In order to reduce disruptions to classrooms, we prefer not to call students over the intercom. Thank you for your consideration in preserving our student's learning time.

Climate Survey

The Enumclaw School District is asking parents and community members to participate in the second Climate Survey. The District is gathering information to assist the Board of Trustees and staff in evaluating needs and expectations of students and constituents. The information from the 2008/09 Climate Survey was useful in setting goals and adjusting services. **The URL (website link) for this survey is**

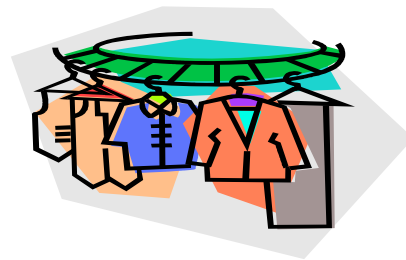
<http://www.zoomerang.com/Survey/?p=WEB229P8X7FWCK> and it is available now until 11:55pm on Friday, Oct. 16.

Thank you in advance for taking time to participate and assist us in gathering data to make informed decisions.

Kathleen Lockyer
HR Director

Lost and Found

School has just begun and our lost and found is overflowing! Please check with your child to see if they have left any clothing here at school. Adding names to clothing or lunchboxes also help in returning them to their owners. All clothing not claimed will be donated to the clothing bank after it has been here for a month.



PTA Fundraiser

Just a reminder that the PTA Fundraiser money is due by Friday, October 16th.

October



Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
		1	2	1	2	3
4	5	6	7	8	9 <i>No School</i> Teacher LID Day	10
11	12	13	14	15 Preschool to Pumpkin Patch	16	17
18	19	20	21	22 Individual Pictures	23 AM Kindergarten all day	24
25	26 Davis/Johnson to Thomasson Family Farm	27	28	29	30	31