PHYSICAL EDUCATION MAKE UP FORM

Your child has the opportunity, and is encouraged to make up his/her absences from Physical Education class. Each day your child misses class he/she receives 0 points, which is equivalent to an F. If your son/daughter chooses to make up their absence they can raise their grade from 0 points to 10 points.

In order to make up a PE absence the student must do the following:

1. Meet with their assigned PE teacher and tell of their desire to make up the days missed and pick up this form.

2. Participate in a physical activity for 30 continuous minutes for each day being made up. Aerobic activities such as swimming, jogging, bicycling, roller blading, etc. are best, but others will be accepted with prior approval of teacher.

3. Complete the activity and bring back this form or a note signed by a parent/guardian on or before the due date. The note should state the student’s name, teacher’s name, period child attends PE, the date(s) the student is making up, the activity the student was involved in, the date(s) of the activity, and the length of time in the activity.

4. All absences must be made up within 2 weeks of the student’s return to school for 10 points. If not made up within this time period, but returned before the end of the grading period the student will receive 7 points. All absences not made up will remain at 0 points.

5. If a student is going to have prearranged absence from school, he/she should talk with the PE teacher before leaving to discuss the possibility of doing make up work during the absence.

6. Discuss with parents before completing activity.

Student’s name (print)______________________________________________

PE Period_________________________________________________________

Teacher’s name____________________________________________________

Date(s) of Absence__________________________________________________

Time being made up__________________________________________________

Activities involved in________________________________________________

Due date_____________________________________________________________

Parent Signature____________________________________________________